Rehab Solutions 2019:
The Changing Landscape in
Health Care and Rehabilitation

Date: Friday, March 1, 2019

Time: Registration 7:30 a.m., begins at 8:00 a.m.

Location: Norris Conference Center
CityCentre, Houston
816 Town & Country Boulevard, Suite 210
Houston, TX 77024
www.norriscenters.com

Description
Rehab Solutions is an advanced practice case management conference featuring nationally recognized experts in the field of rehabilitation. The one-day program will give you up-to-date information about current treatment techniques and research initiatives that affect persons with catastrophic injuries and illnesses.

Target Audience
Case Managers (C.C.M.), Certified Rehabilitation Counselors (C.R.C.C.), Certified Disability Management Specialists (C.D.M.S.), Social Workers, Nursing (T.N.A.) and others interested in case management related to rehabilitation and those with catastrophic illness and/or injury.

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Topics/Learning Objectives
After attending Rehabilitation Solutions 2019, attendees will be able to:

• Identify three critical areas of change in health care and rehabilitation as it pertains to the patient populations they serve.

• Discuss the rationale and recommendations for exercise and health promotion for those in rehabilitation and post-acute care settings in order to provide improved care and increased quality of life.

• Describe the role of the multidisciplinary team in the management of patients with Parkinson’s disease and rehabilitation needs.

• Discuss ethics as related to quality of life after disability and its impact on medical decision-making.

• Explain the impact of urological healthcare challenges to rehabilitation patients, especially those challenged with sexual function problems.

• Describe how a setting staffed by multidisciplinary teams with specialized training will optimize diagnostic evaluation, prognostication, and subsequent management, including effective medical monitoring and rehabilitative care for patients with a disorder of consciousness (D.O.C.).

Assessment of Learning Objectives
Feedback forms, Question & Answer, Discussion

Handouts
• An overall conference guide will be given to attendees at registration desk.

• As they are made available from the speakers, handouts will be made available.


P. Jacob Joseph, MD, joined the medical staff at TIRR Memorial Hermann after completing his residency at the University of Washington in Physical Medicine and Rehabilitation in June 2010. He received his medical degree in 2006 at McGovern Medical School at The University of Texas Health Science Center at Houston (UTHealth) and completed his internship and residency at the University of Washington in Seattle.

Dr. Joseph is an assistant professor of physical medicine and rehabilitation at McGovern Medical School at UTHealth. As an attending physician at TIRR Memorial Hermann, Dr. Joseph’s primary focus is on caring for patients recovering from traumatic brain injury and neurotrauma. His clinical and research interests include spasticity management and electrodiagnostic medicine. He is a member of the American Academy of Physical Medicine and Rehabilitation and the Association of Academic Physiatrists.

Financial Disclosure Comments: McGovern Medical School at The University of Texas Health Science Center at Houston (UTHealth), McGovern Medical School at UTHealth employment relationship
Non-Financial Disclosure Comments: TIRR Memorial Hermann

Sunil Kothari, MD, is board certified in Physical Medicine and Rehabilitation, specializing in Brain Injury Rehabilitation for the past 15 years. He is currently an attending physician on the Brain Injury and Stroke Team at TIRR Memorial Hermann, the medical director of the Disorders of Consciousness Program and a faculty member at Baylor College of Medicine (where he is director of the Brain Injury Medicine Fellowship). After receiving degrees from Yale University and The University of Texas, he completed his residency at Northwestern University (Chicago) and his fellowship at the Baylor College of Medicine. Dr. Kothari was recently awarded the Humanitarian of the Year Award by the Texas Brain Injury Alliance, for his work with the Rehabilitation Services Volunteer Project.

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Financial Disclosure Comments:  Baylor College of Medicine
Non-Financial Disclosure Comments:  TIRR Memorial Hermann, Board of Directors: Rehab Services Volunteer Project

John E. Bertini Jr., MD, FACS, has been a consulting physician in Urology at TIRR Memorial Hermann for more than 20 years.

A native Texan, Dr. Bertini is a board-certified urologist and fellow of the American College of Surgeons. He holds teaching appointments in the department of Surgery, division of Urology at the McGovern Medical School at UTHealth; The University of Texas Medical Branch at Galveston; and at St. Joseph Medical Center. He holds membership in several professional organizations including the American Society for Reproductive Medicine, the American Society of Andrology, and the Society of Male Reproduction and Urology.

For decades, Dr. Bertini has evaluated and treated both men and women with disorders of the bladder, including those caused by stroke, trauma, multiple sclerosis and congenital neurologic diseases. He has provided care to countless men with disorders of sexuality such as erectile dysfunction and reproductive impairment cause by such maladies as spinal cord injury.

Lecturing and writing on a variety of topics, Dr. Bertini has educated the lay public, medical students, residents and colleagues to raise their awareness of the urologic needs and treatment options available to those with disabilities affecting their urinary and reproductive system. He serves in a variety of professional and civic leadership positions.

Financial Disclosure Comments: None reported
Non-Financial Disclosure Comments: None reported

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Matthew T. Harbison, MD, is an internal medicine specialist and the Medical Director for the Hospitalist Program at Memorial Hermann. He graduated from McGovern Medical School at The University of Texas Health Science Center at Houston (UTHealth) with his medical degree in 2002 and completed his residency at Duke University Medical Center in 2004. He has over 16 years of experience in the field of medicine.

Financial Disclosure Comments: Memorial Hermann Health System, McGovern Medical School at UTHealth employment relationship
Non-Financial Disclosure Comments: None reported

Katherine A. O’Brien, PhD, holds master’s and doctoral degrees in Clinical Psychology from the University of Houston, where she pursued specialty training in Clinical Neuropsychology. After finishing her internship training at the University of Alabama Birmingham Psychology Consortium, Dr. O’Brien completed a 2-year post-doctoral fellowship in Clinical Neuropsychology at Mentis Neuro Rehabilitation in Houston, Texas. Prior to joining the Memorial Hermann TIRR team, she worked in post-acute rehabilitation and an outpatient clinic. She has also worked at the Neurologic Institute at Columbia University in New York City, where she worked on several research studies in acute cerebrovascular disease.

Dr. O’Brien is currently licensed as a psychologist in the state of Texas. She is credentialed by the National Register of Health Service Psychologists and is a Certified Brain Injury Specialist. Dr. O’Brien’s organizational memberships include American Psychological Association, American Congress of Rehabilitation Medicine, Texas Psychological Association, and Houston Neuropsychological Society.

Dr. O’Brien’s expertise and special interest is in joining with the treatment team to treat individuals with disorders of consciousness following brain injury. She is the program lead for the Brain Injury Program at TIRR Memorial Hermann as well as a Clinical Assistant Professor in the Department of Physical Medicine and Rehabilitation at Baylor College of Medicine.

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Financial Disclosure Comments: TIRR Memorial Hermann employment relationship
Non-Financial Disclosure Comments: None reported

Anna de Joya, PT, DSc, NCS, is the Manager of Business Development at TIRR Memorial Hermann. She received her Doctor of Science in Physical Therapy at the University of Alabama at Birmingham in 2012. She is board certified by the American Physical Therapy Association (A.P.T.A.) as a Neurologic Clinical Specialist since 2008. Anna has been treating patients across the continuum since 1996. Her current role includes coordinating, evaluating and developing the growth of TIRR Memorial Hermann and the Memorial Hermann Rehabilitation Network specialty rehabilitation program. She has developed clinical and educational components of many specialty programs. Anna has a variety of experience in teaching both in the clinical setting, academic setting and in the community, including state and national conferences.

Financial Disclosure Comments: TIRR Memorial Hermann employment relationship
Non-Financial Disclosure Comments: American Physical Therapy Association (A.P.T.A.) Member and serves as a member of the practice committee for the neurologic academy, A.C.R.M. Member and serves as a member of the Neurodegenerative Diseases (N.D.D.) Networking Group

Eugene Bramble, CPT, SFS, has been a Fitness Specialist for TIRR Memorial Hermann since 2013. During that time, he has had the pleasure of working with a number of great people on their road to recovery. Eugene believes that being creative and personable aids him in bringing out the best in the patients he serves.

Financial Disclosure Comments: TIRR Memorial Hermann employment relationship
Non-Financial Disclosure Comments: None Reported

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## Schedule

### Proposed Agenda
(Subject to change)

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic &amp; Activity</th>
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<tbody>
<tr>
<td>7:30 – 8:25 a.m.</td>
<td>Registration, Exhibits and Continental Breakfast</td>
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<tr>
<td>8:25 – 8:30 a.m.</td>
<td>Welcome</td>
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<td>Welcome: Rhonda M. Abbott, PT, FTPTA</td>
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<td>Associate Vice President of Clinical Operations</td>
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<tr>
<td>8:30 – 9:30 a.m.</td>
<td>The Changing Landscape in Health Care</td>
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<td>Matthew T. Harbison, MD</td>
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<td>9:30 – 10:30 a.m.</td>
<td>Health &amp; Wellness</td>
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<td>Anna de Joya, PT &amp; Eugene Bramble, CPT, SFS</td>
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<tr>
<td>10:30 – 10:50 a.m.</td>
<td>Exhibit Hall &amp; Break</td>
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<tr>
<td>10:50 – 11:50 a.m.</td>
<td>Parkinson’s Disease &amp; the Future of Rehabilitation</td>
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<td>Jacob Joseph, MD</td>
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<td>11:50 – 12:00 p.m.</td>
<td>TIRR Memorial Hermann Updates</td>
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<td>Rhonda M Abbott, PT, FTPTA</td>
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<td>12:00 – 1:00 p.m.</td>
<td>Lunch and Exhibits</td>
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<td>1:00 – 2:00 p.m.</td>
<td>Ethics &amp; Rehabilitation</td>
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<td>Sunil Kothari, MD</td>
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<td>2:00 – 3:00 p.m.</td>
<td>Sexuality, Reproduction &amp; Disability</td>
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<td>John E. Bertini Jr., MD</td>
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<td>3:00 – 3:15 p.m.</td>
<td>Exhibit Hall &amp; Break</td>
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<td>3:15 – 4:15 p.m.</td>
<td>Disorders of Consciousness</td>
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<td>Katherine O’Brien, PhD</td>
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<td>4:15 – 4:30 p.m.</td>
<td>Closing Remarks, Door Prizes and Evaluations</td>
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<tr>
<td>4:30 – 5:00 p.m.</td>
<td>Departures</td>
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**Instructional Methods Used:** Lecture, Discussion, Q&A, and Exhibit Hall

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Education

**Target Audience:** Case Managers (CCM), Certified Rehabilitation Counselors (CRCC), Certified Disability Specialists (CDMS), Social Workers, Nursing (TNA)

**Continuing Education Hours**

Course participants must complete any and all formal assessments, procedures and criteria required for credit or certification.

**Criteria for Course Completion:** Attendance, participation and completion of feedback form.

**Nursing:** Instructional Level: Intermediate CE   Contact Hours: 6.0

Memorial Hermann Health System is an approved provider of continuing nursing education by the Texas Nurses Association - Approver, an accredited approver with distinction by the American Nurses Credentialing Center’s Commission on Accreditation.

**Social Work:** Texas State Board of Social Worker Examiners has approved Memorial Hermann Health System to provide continuing education activities for social workers.

Instructional Level: Intermediate   Contact Hour(s): 6.0

**CCM:** This program has been submitted to the Commission for Case Manager Certification for approval to provide board-certified case managers with 5.0 clock hour(s). Instructional Level: Intermediate

**CDMS:** Applied to the Certification of Disabilities Management Specialists commission for 5.0 clock hours. Instructional Level: Intermediate

**CRCC:** Applied to the Commission on Rehabilitation Counselor Certification 5.0 clock hours

*Ethics and Rehabilitation is being submitted for 1 contact hour for Ethics/Jurisprudence for CCM, CDMS, and CRCC continuing education requirements. CCMC, CDMS, and CRCC Ethics credit approval is pending for this course. The ANCC, CCM, and CRCC Code of Professional Conduct and Ethics will be referenced in this presentation.

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Registration

Course closes on: Monday, February 25, 2018, or at registration capacity. Space is limited and registrations will be accepted in the order received.

Registration Limited to: 200

Cost/Registration

Early Bird Registration
February 1, 2019
$75 for MHHS with early registration by February 1, 2019
$100 for Community Attendees by February 1, 2019

Regular Registration
$100 for MHHS employees after February 1, 2019
$125 for Community Attendees after February 1, 2019

Hotels
Hotel Sorella CityCentre is directly next to the conference center.
800 Sorella Court 713.973.1600

Marriott Courtyard Houston I-10/Energy Corridor
12401 Katy Freeway 281.496.9090

Parking: Self-parking at the Norris Conference Center is free in the attached garage. Follow signs posted in garage, as towing is enforced.

Cancellation policy: All cancellations must be in writing 14 calendar days prior to the course start date to ContinuingEducationRegistration@memorialhermann.org. Refunds will not be granted past this date. Cancellation of the event by TIRR Memorial Hermann will result in a full refund of monies received. TIRR Memorial Hermann is not responsible for the refund of travel or hotel expenses under any circumstances. TIRR Memorial Hermann reserves the right to cancel or change any programs for due cause. In the event of a course cancellation, participants will be notified via email and contact phone number on the registration form below. Please fill out all information in registration form.

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Conflicts of Interest: Policy & Procedures exist whereby all speakers must disclose any relationships that may cause a conflict of interest. Any relevant financial and non-financial relationships will be disclosed via speaker agreement, written notification after agreement, and/or prior to presentation.

Complaints: Complaints about faculty or other participants are handled with dignity and respect by the course coordinator and/or Director of Rehabilitation with resolution of the complaint communicated to all involved parties. All participants in Memorial Hermann Continuing Education Courses are entitled to an accessible, accommodating, and supportive teaching and learning environment.

Assistance: Memorial Hermann strives to make continuing education courses accessible and accommodating in a supportive teaching and learning environment.

Registration

To register: http://tirr.memorialhermann.org/professional-resources-education/continued-education/