Challenge Program Outcomes

The TIRR Memorial Hermann Challenge Program provides a comprehensive range of services to help brain injury survivors maximize their potential by celebrating milestones and successes through each step of recovery.

Specialized services focus on community re-entry skills that are critical for transitioning to independent living, school or work following brain injury. This outpatient, trans-disciplinary approach addresses the physical abilities, memory strategies, interpersonal communication and problem-solving skills needed for long-term success.

**Kirby Glen (Houston) Location: (2455 S. Braeswood, Houston, Texas 77030)**

**Who We Served**

- 156 clients were admitted to the program.
  - 84 patients were in the Employment Track program
  - 12 patients were in the Education Track program
  - 47 patients were in the Independence Track program
  - 12 patients were in the Volunteer Track program
  - Average age of clients was 49 years of age (age range: 16 - 89 years of age)
- Four adolescent clients were in the Education Track program.
  - The average age of adolescents was 15.

**What They Accomplished**

- 33 or 70% of the clients served, completed the Independence Track program and were productive in their communities at the time of discharge.
- 77 or 92% of the clients served, completed the Employment Track program and were productive at the time of discharge.
  - 48 clients returned to their employment goals within their communities.
- 11 or 92% of the clients served, completed the Education Track program and were productive at the time of discharge.
  - Six clients returned to their education goals within their communities.

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Challenge Program

• 11 or 92% of the clients served, completed the Volunteer Track program and were productive at the time of discharge.
  - Eight clients returned to a volunteer program within their community.
• Four or 100% of adolescent clients completed the Education Track program and returned to school by discharge.

How They Achieved This

• Adult clients received an average of 13 hours of therapy per week.
  - Average length of stay for adults was 3½ months.
• Adolescent clients received an average of 10 hours of therapy per week.
  - Average length of stay for adolescents was 3 months.

Unplanned Acute Care Hospital Transfer

• No clients were transferred to an acute care hospital for a higher level of care.

Satisfaction with Program: 39 clients completed the survey. Of the clients surveyed:

• 96.9% of clients would recommend the program to other individuals with brain injuries for outpatient rehabilitation.
• 100% of clients felt the Challenge staff worked well together to provide care.
• 96.9% of clients felt the therapists focused on their strengths to address their goals for getting back to the community.

Client Referrals From

• Memorial Hermann Inpatient and Outpatient Services
• Texas Workforce Commission
• Community physicians
• Texas Department of Health and Human Services
• Other healthcare facilities

All data taken during the period: July 2018–June 2019