

TIRR MEMORIAL HERMANN



Challenge Program Outcomes

The TIRR Memorial Hermann Challenge Program provides a comprehensive range of services to help brain injury survivors maximize their potential, celebrating milestones and successes through each step of recovery. Specialized services focus on community re-entry skills critical for the transition to independent living, school or work following brain injury. This outpatient, day treatment approach addresses the physical abilities, memory strategies, interpersonal communication and problem-solving skills needed for long-term success.

Who We Served

- 70 clients successfully completed the program.
- Average age of clients was 46 years of age, (age range: 15-78 years). Three (3) adolescents were in the program, and the average age of adolescents was 15 - 17.
- Diagnoses of the clients admitted included:
 - Traumatic-acquired brain injury
 - Infection of the brain
 - Brain tumor
 - Multiple sclerosis
 - Brain hemorrhage
 - Stroke
 - Hypoxia
 - Parkinson's Disease

What They Accomplished

- 98% of adult clients who completed the program met their volunteer, or work goals.
 - 3 months after discharge, 87% of a sample of these clients reported that they had maintained these outcomes.
 - 12 months after discharge, 90% of a sample of these clients reported that they had maintained these outcomes.
- 100% adolescent clients who completed the program returned to school by discharge and maintained discharge levels at both three and twelve month post discharge mark.

How They Achieved This

- Clients received an average of 4 - 6 hours of treatment/day
- Average length of stay for adults was 3 months
- Average length of stay for adolescents was 2 months

Client Referrals From

- Memorial Hermann Inpatient and Outpatient Services
- Department of Rehabilitation Services
- Community physicians
- Family members
- Other healthcare facilities



All data taken during the period: July 2014 - June 2015



TIRR Memorial Hermann
Adult and Pediatric Outpatient Rehabilitation
The Challenge Program

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