Making Progress - Parkinson’s Disease Rehabilitation

TIRR Memorial Hermann and the Memorial Hermann Rehabilitation Network are leading the charge in the rehabilitation of individuals with Parkinson’s disease. Our breakthroughs in evidence-based interventions allow our patients to go beyond the clinical setting, providing them with the opportunity to participate in important life roles in the home, work, volunteer and community environments.

We have a dedicated interdisciplinary team that may include:

- Affiliated physician
- Physical therapy
- Occupational therapy
- Speech-language pathology
- Neuropsychology
- Social work

The programs maximize patient outcomes by providing:

- Lee Silverman Voice Treatment (LSVT)-LOUD, a standardized treatment protocol for voice volume, speech intelligibility and facial expression
- LSVT-BIG, an intensive whole body amplitude-based training protocol for faster walking with bigger steps, enhanced amplitude of movements during functional activities, improved balance and increased strength
- Individualized therapeutic exercise and functional activity programs that can help with daily activities such as walking, self-care, work and leisure; fall prevention; and overall strength, flexibility and endurance training
- A continuum of care including: inpatient rehabilitation, outpatient rehabilitation, a community reintegration program and a community wellness program
- Support groups, counseling and education

To make referrals or to schedule appointments: 1.800.44.REHAB (73422), 713.797.5942 or fax 713.797.5988

Patients with Parkinson’s Disease may face the following challenges:

- Walking difficulties
- Decreased balance and coordination
- Weakness
- Postural problems
- Deconditioning
- Fatigue
- Tremors
- Involuntary movements
- Difficulty with handwriting
- Diminished oral and motor skills
- Decreased speech intelligibility and volume
- Swallowing difficulties
- Cognitive impairments
- Anxiety
- Depression

(over)
Parkinson’s Disease Rehabilitation Locations

Memorial Hermann Rehabilitation Network
Facilities affiliated with TIRR Memorial Hermann

- **Memorial Hermann Rehabilitation Hospital-Katy**
  21720 Kingsland Blvd., Suite 102
  Katy, TX 77450
  *Inpatient, Outpatient*

- **Memorial Hermann Northwest**
  1635 North Loop West
  Houston, TX 77008
  *Inpatient*

- **Memorial Hermann Southeast**
  11800 Astoria Blvd.
  Houston, TX 77089
  *Inpatient*

- **Memorial Hermann Southwest**
  7600 Beechnut
  Houston, TX 77074
  *Inpatient*

- **Memorial Hermann-Texas Medical Center**
  6411 Fannin
  Jones Pavilion, 4th floor
  Houston, TX 77030
  *Inpatient*

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TIRR Memorial Hermann Facilities

- **TIRR Memorial Hermann**
  1333 Moursund
  Houston, TX 77030
  *Inpatient, Outpatient Clinic*

- **TIRR Memorial Hermann Outpatient Rehabilitation at the Kirby Glen Center**
  2455 S. Braeswood
  Houston, TX 77030
  *Outpatient*

- **TIRR Memorial Hermann Outpatient Rehabilitation on the Campus of Memorial Hermann Memorial City**
  929B N. Gessner, Suite 108
  Houston, TX 77024
  *Outpatient*

- **TIRR Memorial Hermann Outpatient Rehabilitation on the Campus of Memorial Hermann Northwest**
  1635 North Loop West
  Houston, TX 77008
  *Outpatient*

- **TIRR Memorial Hermann-The Woodlands**
  9250 Pinecroft Drive
  The Woodlands, TX 77380
  *Inpatient*

  920 Medical Plaza Dr., Suite 270
  The Woodlands, TX 77380
  *Outpatient*