Advancing Wellness and Independence after Spinal Cord Injury

June 6 - June 8, 2014

TIRR Memorial Hermann
1333 Moursund Avenue
Houston, TX 77030
The purpose of this interdisciplinary conference is to promote best practices for persons with spinal cord injury (SCI) throughout the continuum of care and within a variety of practice settings. Spinal cord medicine is a subspecialty for clinicians who practice in neurological and rehabilitation settings. We recognize that this subspecialty optimally requires intentional training and education provided by clinicians who have dedicated themselves to the care of persons with spinal cord injury. Our goal is to provide an evidence-based foundation with practical insights that will enable you to advance wellness and independence for the persons you care for with SCI. This teaching will provide you with a core foundation from which to learn and with information regarding emerging research and advanced technologies. We will cover strategies to implement best practices in a variety of settings; acute care, skilled nursing and long-term acute care, a general rehab unit, a dedicated inpatient SCI program, an outpatient medical clinic and the home health setting. This symposium will span a variety of topics in both lecture and lab format so you may choose the subject content most applicable to your needs.

- The learner will be able to develop best practices for the safe and effective practice of spinal cord medicine relevant to his or her practice setting.

- The learner will be able to utilize knowledge gained to respond to primary and secondary sequelae following spinal cord injury.

- The learner will be able to synthesize knowledge gained to improve a person’s level of independence and wellness after spinal cord injury.

- The learner will be able to appropriately recommend varying levels of care to facilitate streamlined care through the continuum following SCI.
<table>
<thead>
<tr>
<th>Time</th>
<th>FRIDAY JUNE 6</th>
<th>SATURDAY JUNE 7</th>
</tr>
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<tbody>
<tr>
<td>11:30 a.m.-12:30 p.m.</td>
<td>Registration/light lunch</td>
<td>Breakfast</td>
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<tr>
<td>12:30-1:30 p.m.</td>
<td>Welcome and Keynote - Lex Frieden</td>
<td>Keynote Address - William Donovan, M.D.</td>
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<tr>
<td>1:30-2:15 p.m.</td>
<td>Expected Outcomes after Spinal Cord Injury</td>
<td>9:45-10:15 a.m. Positioning Considerations for Persons with SCI</td>
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<tr>
<td>2:15-3:30 p.m.</td>
<td>Autonomic Dysreflexia &amp; Postural Hypotension</td>
<td>10:15-11:15 a.m. Promoting Skin Integrity and Skin Care after SCI</td>
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<tr>
<td>3:30-5 p.m.</td>
<td>Upper and Lower Motor Neurogenic Bowel &amp; Bladder</td>
<td>11:15-11:45 a.m. Pressure Relief Techniques and Progressive Sitting Schedules for Persons with SCI</td>
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<tr>
<td>5:30 p.m.</td>
<td>Q &amp; A</td>
<td>Noon-1 p.m. Lunch &amp; Learn: Myth vs. Fact: Promotion of Bone Health after SCI</td>
</tr>
<tr>
<td>5:30-6 p.m.</td>
<td>Tour of TIRR Memorial Hermann</td>
<td>1-2 p.m. Pulmonary &amp; Respiratory Health after SCI: From Surviving to Thriving</td>
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- Management of Dysphagia & Barriers to Nutrition after SCI
- Role of Occupational Therapy in the Management of Persons with Tetraplegia: Increased Independence with Activities of Daily Living
- Building Foundations to Develop Independence with Functional Mobility: Increased Independence with Bed Mobility and Transfers
- Role of Neuropsychology in Cognitive Screening after SCI
- Role of Occupational Therapy in the Management of Persons with Tetraplegia: Increased Independence with Activities of Daily Living
- Building Foundations to Develop Independence with Functional Mobility: Increased Independence with Bed Mobility and Transfers
- Special Considerations for Hospital Discharge of Persons with SCI
- Seating and Positioning: Foundational Elements of the Mat Evaluation
<table>
<thead>
<tr>
<th>Time</th>
<th>SUNDAY JUNE 8</th>
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<tbody>
<tr>
<td>7:30-8 a.m.</td>
<td>Breakfast</td>
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<tr>
<td>8:45 a.m.</td>
<td>Effective Management of Spasticity after SCI</td>
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<tr>
<td>8:45-9:30 a.m.</td>
<td>Effective Management of Pain after SCI</td>
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<tr>
<td>9:30-10:15</td>
<td>Successful Management of Secondary Complications after SCI</td>
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<tr>
<td>10:15-10:30 a.m.</td>
<td>Break</td>
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<tr>
<td>10:30-10:50 a.m.</td>
<td>PVA Guidelines, SCIRe, SCI Edge, NSCIA, CDRF and other Resources</td>
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<tr>
<td>10:50-11:30 a.m.</td>
<td>Considerations to Accessing Continued Care and Medical Home Model</td>
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<tr>
<td>11:30 a.m.-Noon</td>
<td>Q &amp; A</td>
</tr>
<tr>
<td>Noon-12:30 p.m.</td>
<td>Course Evaluations</td>
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Course Chairman

Julie Jennings, PT, NCS
Spinal Cord Injury Program Manager
TIRR Memorial Hermann

Keynote Speakers

Lex Frieden is a senior scientist and director of TIRR Memorial Hermann’s Independent Living Research Utilization (ILRU) program. ILRU is a research, training and technical assistance program on independent living for people with disabilities and seniors.

Mr. Frieden has served as chairperson of the National Council on Disability, president of Rehabilitation International and chairperson of the American Association of People with Disabilities. He is recognized as one of the founders of the “independent living” movement in the early 1970s. Mr. Frieden has received two Presidential Citations for his leadership in conceiving and drafting the Americans with Disabilities Act (ADA).

William H. Donovan, M.D., was a professor of physical medicine and rehabilitation at UTHealth Medical School and an attending physician at TIRR Memorial Hermann for over 30 years. He is an internationally recognized academic physiatrist widely known for his expertise in spinal cord injury and amputation rehabilitation.

Dr. Donovan was a charter member of the American Spinal Injury Association (ASIA), served on the board of directors from 1973 to 1977 and from 1981 to 1993, and was the president from 1987 to 1989. He served on the board of councilors for the International Spinal Cord Society (ISCoS) since 1986 and was the president from 2004-2008.

Instructors

Clinical instruction will be provided by a team of interdisciplinary clinicians who are members of the Spinal Cord Injury Program at TIRR Memorial Hermann.

Matthew Davis, M.D., Lisa Wenzel, M.D., Veronica Verduzco-Gutierrez, M.D., Joel Frontera, M.D., Margaret Struchen, Ph.D., NP, Darby Cruz, B.S.R.T., RRT, RCP, Michelle Dehgan, M.A., CCC-SLP, BCS-S, CBIS, Abbye McMillan, SLP, Jerri Vadas, RN, B.S.N., M.B.A., CCM, CRRN, Donna Smith, M.S.N., M.H.A., RN, CCM, CRRN, Julie Jennings, PT, NCS, Christopher Newman, PT, NCS, Zachary Staats, OTR, Kristi McCormick, PT, DPT, Liza Criswell, OTR, ATP, Marcie Kern, PT, Katie Nedley, OTR, OTD, Conchita Sayago, PT, Yaronda Broussard, OTR, and Sandra Lloyd, RN

Conflicts of Interest

Policy and procedures exist whereby all speakers must disclose any relationships which may cause a conflict of interest. Any relevant financial and non-financial relationships will be disclosed prior to presentations. A full list of faculty disclosures for ASHA is available at tirr.memorialhermann.org/professional-resources-education/advancing-wellness-and-independence-after-spinal-cord-injury/

WHO SHOULD ATTEND

The course is designed to be of benefit to physicians, registered nurses, occupational therapists, certified occupational therapy assistants, physical therapists, physical therapy assistants, speech-language pathologists, respiratory therapists, case managers, social workers and neuropsychologists.

Instructional Level: Intermediate

Instructional Methods Used: PowerPoint, written, panel discussions, hands-on labs, Resource Fair and tour.

Objectives will be measured by self report on course evaluations, break-out discussions, and/or lab demonstrations.

Continuing Education Hours for Nursing

This activity provides up to 14.50 contact hours for the nurse.

Memorial Hermann Health System is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center Commission on Accreditation.

Continuing Education Hours for Physical Therapy

Applications pending for all disciplines.

Memorial Hermann Healthcare System is an Accredited Provider through ASHA. This program is offered for a maximum of 1.65 CEUs, related area.

Memorial Hermann Healthcare System is an Accredited Provider through the Texas Physical Therapy Association (TPTA). This course has been approved for up to 14.50 CCUs for Physical Therapists and Physical Therapist Assistants in the state of Texas. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products or clinical procedures by TPTA.

Memorial Hermann Healthcare System is an American Occupational Therapy Association, Inc. (AOTA) Approved Provider of continuing education – provider # 8105. This program awards occupational therapists and occupational therapy assistants up to 1.45 AOTA CEUs for all three days. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures from AOTA.
REGISTRATION FORM

Advancing Wellness and Independence after Spinal Cord Injury
June 6 – 8, 2014

Register online at: tirr.memorialhermann.org/professional-resources-education/
advancing-wellness-and-independence-after-spinal-cord-injury/
Or submit the registration form below with the agenda, marked with your course preferences

Registration dates: April 1 - May 15, 2014

First Name: ____________________________________________________________
(As it will appear on course certificate)
Last Name: __________________________________________________________
(Discipline (circle): physician, registered nurse, occupational therapist, certified
occupational therapy assistant, physical therapist, physical therapy assistant,
speech-language pathologist, respiratory therapist, case manager, social worker
or neuropsychologist
License number: ______________________________________________________
Employer: __________________________________________________________
Phone Number: ______________________________________________________
Email: _____________________________________________________________
Mailing Address: _____________________________________________________
City: ________________________________________________________________
State: _____________________________ ZIP Code: _______________________

Please comment if you require any special diet, assistance, needs or accommodations:
All participants in Memorial Hermann Health System Continuing Education Courses
are entitled to an accessible, accommodating and supportive teaching and learning
environment.

Registration fee: $250

☐ Check enclosed (payable to TIRR Memorial Hermann)

Credit card information
☐ Billing address is same as above

Name on credit card: ___________________________________________________
Billing address: ______________________________________________________
City: ________________________________________________________________
State: _____________________________ ZIP code: _______________________
Type of card: _________________________________________________________
Card #: _____________________________________________________________
Expiration date: ______________________________________________________

REGISTRATION INFORMATION

Mail the form and check to:
TIRR Memorial Hermann
Attn: Marketing/SCI Course
1333 Moursund Street
Houston, TX 77030

Last day to register is May 15, 2014. Space is limited and registrations will be accepted
in the order received. For more information, please call 713.797.7229 or
email tirrcommunications@memorialhermann.org

Parking: Parking is free and will be validated once daily

Cancellations:
Refunds will be granted if cancellation notice is received in writing at least 14 calendar
days prior to the course start date to tirrcommunications@memorialhermann.org.
If you register and do not attend, or do not fulfill the requirements of the class, your
reservations fee will not be refunded.

Cancellation of the event by Memorial Hermann Health System will result in a full
refund of monies received. Memorial Hermann is not responsible for the refund of
travel or hotel expenses under any circumstances. Memorial Hermann reserves the
right to cancel or change any programs for due cause. In the event of a cancelation,
participants will be notified via contact email and contact phone number submitted in
the registration.

If you will be staying overnight, we suggest:
Wyndham Houston Hotel & Suites Medical Center
Reservations (reference “TIRR Memorial Hermann SCI Conference”): 713.577.1235,
1.866.781.2832 or www.wyndham.com/groupevents2014/47155_TIRRMEMORIAL/
main.wnt